



Prepared: Michelle Proulx Approved: Martha Irwin, Chair, Community Services and Interdisciplinary Studies

Course Code: Title	NSW203: ESSENTIAL SKILLS FOR SOCIAL SERVICES
Program Number: Name	1214: SSW NATIVE SPECIALIZ
Department:	SOCIAL SERV. WKR. - NATIVE
Semester/Term:	18S
Course Description:	This course covers the fundamental phases and skills required in helping processes. Self-awareness and ethical decision-making contribute to the evolution of a personalized helping style. Integrating knowledge and theory into action during practical self-appraisals, role plays and practice-oriented assignments form the core of this course.
Total Credits:	3
Hours/Week:	3
Total Hours:	45
Prerequisites:	NSW101
This course is a pre-requisite for:	NSA204, NSW205, NSW208, NSW217, NSW221
Essential Employability Skills (EES):	<ul style="list-style-type: none"> #1. Communicate clearly, concisely and correctly in the written, spoken, and visual form that fulfills the purpose and meets the needs of the audience. #2. Respond to written, spoken, or visual messages in a manner that ensures effective communication. #4. Apply a systematic approach to solve problems. #5. Use a variety of thinking skills to anticipate and solve problems. #6. Locate, select, organize, and document information using appropriate technology and information systems. #7. Analyze, evaluate, and apply relevant information from a variety of sources. #8. Show respect for the diverse opinions, values, belief systems, and contributions of others. #9. Interact with others in groups or teams that contribute to effective working relationships and the achievement of goals. #10. Manage the use of time and other resources to complete projects. #11. Take responsibility for ones own actions, decisions, and consequences.
Course Evaluation:	Passing Grade: 50%,

Evaluation Process and Grading System:

Evaluation Type	Evaluation Weight
Active Listening Skills Video and Reflection	20%
Case File Assessment & Treatment Plan ²⁵	30%
Key Concept Notes	15%
Teaching Circle In-Class Assignment	15%
Theories and Framework Presentation	20%

Books and Required Resources:

Into the Daylight: A Wholistic Approach to Healing by Morrisseau, C.
Publisher: University of Toronto Press Edition: 1
ISBN: 9780802081629

Social Work Skills for Beginning Practice by Sevel, J, Cummins, L., and Pedrick, L.
Publisher: Pearson Edition: 3rd
ISBN: 9780205055227

Course Outcomes and Learning Objectives:**Course Outcome 1.**

Integrate basic social work skills into daily practice.

Learning Objectives 1.

- Discuss the role of empathy, authenticity, and professionalism in one's approach to social services work
- Apply ethical standards and legal implications of practice
- Demonstrate the array of active listening skills (i.e. paraphrasing, reflecting, feeling, partializing etc.)

Course Outcome 2.

Demonstrate proficient knowledge and facilitation of the dynamics, tasks, functions and skills applicable to the phases/processes of helping relationships.

Learning Objectives 2.

- Differentiate the role of the helper throughout the phases of the helping process
- Integrate knowledge and skills of phases and skills of helping relationships into facilitation of the arc of the helping process

Course Outcome 3.

Develop and adopt your own style of effective interpersonal communication in the helping field.

Learning Objectives 3.

- Complete self-awareness and self-care inventories on an on-going basis to better inform personal and professional development
- Connect personal style with professional knowledge to create effective interpersonal communication

Course Outcome 4.

Adopt a client-centered approach to meet the needs of the client and appropriately join in the dynamics of the helping relationship.

Learning Objectives 4.

- Analyze and synthesize client information to complete an assessment service plan based tailored to a specific case scenario.
- Utilize the strengths perspective to identify problem solving steps to work with individuals, families and communities

Course Outcome 5.

Adapt techniques to establish the most appropriate approach to be used with various individuals, cultures and environments.

Learning Objectives 5.

- Assess ecological factors contributing to strengths and obstacles within the client system
- Discuss various theories to begin developing a personal theoretical model
- Identify the steps to practice cultural safety
- Apply various Indigenous healing methods to a client scenario

Date:

Friday, April 13, 2018

Please refer to the course outline addendum on the Learning Management System for further information.